



**Sully Primary School,
Burnham Avenue
Sully
CF64 5SU**

Dear parent(s)/guardian(s),

Identifying and supporting young carers at Sully Primary School

At Sully Primary School, we are aware that some of our pupils are young carers.

'A young carer is someone under 18 who is caring unpaid, for a family member, or friend, who is mentally or physically unwell, frail, disabled or who misuses substances.

They often take on practical and/or emotional caring responsibilities that would normally be expected of an adult.'

The latest Census data for Wales states there are 22,520 unpaid carers aged 5 -24 years old caring for family members in Wales. However, many do not realise they are an unpaid carer which means the figures may not be a true reflection on the number of young and young adult carers providing support to family members on a daily basis.

We know that young carers may need a little extra support to enjoy and do well at school. At **Sully Primary School**, we are committed to ensuring that all pupils who are young carers are identified, and supported effectively.

As the Young Carers' Leads have a responsibility for ensuring all young carers are able to enjoy school and make good progress. If you think your child might be a young carer, or could be affected by any of the issues we've highlighted, please let me know by filling in the form below and bringing it into school in a sealed envelope addressed to me. If you do not feel comfortable doing this, or have any further questions, please contact me on Waddingtona@hwbcymru.net or speak to me directly.

Any information that is given to us will be treated sensitively and no information will be shared without your knowledge.

Yours sincerely,

Andrea Waddington

Reply slip



Pupil's name: _____

Class: _____

Does the pupil have parents or other family members who have a long-term illness or disability, or who are affected by poor mental health or substance misuse? Please delete as appropriate:

Yes No

If you wish, you can give further details here: (not required)

Would you like more information about the types of support the school provides to young carers?

Yes No

If you would like to access support outside of school for young carers, please contact the Families First Advice Line information can be found below.

All referrals for Young Carers are supported through the Families First Advice Line

- 08000 327 322

Referral email: FamiliesFirstAdviceLine@ValeOfGlamorgan.gov.uk

YMCA provide support for young carers in The Vale of Glamorgan, here is a link to what they can offer and their contact details:

<http://www.ymcacardiff.wales/about/what-we-do/family-work/young-carers/>

Email: ValeYoungCarers@YMCACardiff.wales

Carers of all ages are entitled to access information advice and assistance to support their caring role, this is prior to accessing a Carers Needs Assessment. This support can be offered via TuVida who offer support in the Vale of Glamorgan details can be found below. Or you can contact your Local Authority team for more information. Please see the link below:

https://www.valeofglamorgan.gov.uk/en/living/social_care/adult_services/Carers/Young-Carers.aspx

Phone: 0800 0327322 Monday to Friday: 9.00am – 4.30pm

Email: familiesfirstadvice@valeofglamorgan.gov.uk

TuVida provides support and information to unpaid adult carers, please find details on our website for support in the Vale of Glamorgan - <https://tuvida.org/vale-unpaid-carers-hub> Unpaid Carers Hub | TuVida

Please provide a name and telephone number or email address so that we can contact you about support for your child:

Name: _____

Telephone/email address: _____