

Language, Literacy and Communication Skills



Oracy

- Interview a sports star
- Presentation of a sporting hero
- Debate - Do women deserve equal pay in sport?
- Role play - Use of drugs in sport / after match interview (Rugby World Cup)
- Role play a sport's interview in different languages
- Explore sports vocabulary in different languages
- Present instructions for a new sport
- Sports commentary (Rugby World Cup game)

Reading

- Sports Poems
- Biographies of sports personalities
- Non-fiction texts on sports
- Internet research on a sport
- Newspaper Reports on a sporting event
- Match reports

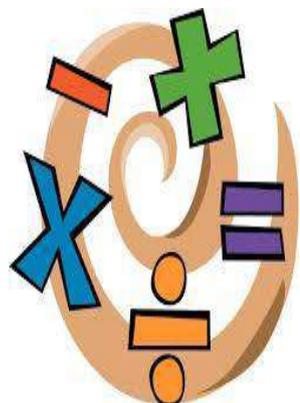
Writing

- Sports poems
- Newspaper report - recent sports event
- Biography/Diary entry of a sports star
- Write a match report
- Article on drugs in sport
- Comic strip on a sporting hero and/or sport
- Write an imaginative sports story

Welsh

- Gwyliau - Variety of sentence patterns
- Present and past tense 'Ble rwyd t'in mynd?', 'Ble est ti?'
- Countries, transport, activities
- Dialogues, stories, postcards, brochures

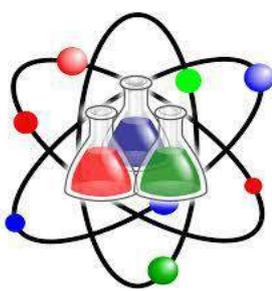
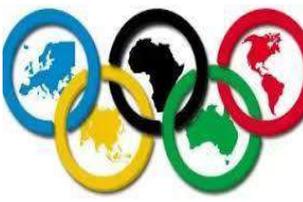
Mathematics and Numeracy



Mathematics and Numeracy

- Place value
- Addition and Subtraction
- Decimals and multiplying/Dividing by 10/100/100
- Rounding to the nearest 10,100, 100 - Football team attendances in Premiership
- Short and long multiplication
- Short and long division
- Digital time to milliseconds
- Timetables and duration of events
- Timing athletic events - 100m, 800m etc
- Measure - Reading scales and intervals
- Imperial measures
- Measuring distance in athletic events - long jump, high jump, throws
- Measuring lengths of limbs - Science
- Negative numbers
- Mean, mode, median, range - collect data in the field / analyse existing sports data
- penalty/netball shootout
- Sprints/Throws/Catches etc
- Area, perimeter and circumference of different sports pitches/tracks

	<p>Tables, bar, scatter and line graphs</p> <p>Sports statistics - percentage win rate, average attendances, transfer fees, club spend</p>
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<p>Science and Technology</p> 	<p><u>Science</u></p> <p>Food as fuel for athletes - Healthy diet</p> <p>The organs of the human body</p> <p>The function of the heart and lungs in the process of respiration</p> <p>Digestion and food as an energy resource</p> <p>Function of the skeleton - Measuring limb lengths</p> <p>Research altitude training</p> <p><u>Experiments</u></p> <p>Heart investigation</p> <p>Reaction time - Do faster sprinters have a quicker reaction time?</p> <p>Does leg length/thigh girth affect distance jumped?</p> <p>Does foot size correlate to height?</p> <p>Do long distance runners have a larger vital capacity?</p> <p><u>Technology</u></p> <p>Researching and creating a healthy lunch</p> <p>Hwb data - Sports Databases - Olympic/ world medal tables</p> <p>Excel - Sports statistics - Observing and recording shots, passes, assists etc</p> <p>Internet safety - Digital literacy and Citizenship unit of work</p> <p>Mechanics of a skeleton. Design a human & name the major muscles</p> <p>Hinges and joints</p> <p>Create an animation of a human muscle at work</p> <p>Design an item that would help a paralympian perform</p>
<p>Humanities</p> 	<p><u>Humanities</u></p> <p>Research the history of the Rugby World Cup</p> <p>Research how balls in sport have changed</p> <p>Continents, countries, capital cities of the world</p> <p>Achievements in sports around the world - How different countries environments are suited to develop specific sports skills</p> <p>Which countries excel in certain sports and why? (opportunity, finance, climate, genes)</p> <p>History of the Olympic games</p> <p>History of a sport of their choice - make a timeline of a sport, sporting event or sporting club</p> <p>Altitude training - Where in the world it takes place and why?</p> <p>Highest mountains in the world - contours and mapping</p> <p>RE - Sacred books</p> <p>Religion and the effects on sport participation</p>
<p>Expressive Arts</p>	<p><u>Expressive Arts</u></p> <p>Role play - Drugs in sport</p> <p>Interview of a sports personality</p> <p>Design a countries sports kit for the Olympics</p> <p>Design a flag - medium of their choice</p>

	<p>Portrait of an athlete Frieze of sporting image Analyse national anthems using the musical elements Watch and analyse a variety of national dances from previous Olympic ceremonies Create a dance for the opening ceremony of a sporting event or to communicate a sporting story - Look at elements of shape, space, timing, dynamics, direction, relationship. Create a mosaic of a sport Design an anthem for a sport</p>
<p>Health and Well-Being</p> 	<p>Health and Well-Being</p> <p>Internet safety - Treating peers responsibly online/ regulate screen time Food groups and diet - what to eat to be healthy (make 'healthy' energy drinks) Make a healthy eating cooking video Keep a record of what we eat and it's calorific content and vitamin content Sleep patterns and how it affects performance and concentration - Keep a sleep diary for a week. Sport and regular exercise - Daily mile/activities, walking to school PSE - Sharing problems, peer pressure, bullying Drugs in sport and long term affects <u>PE</u> - Hockey - Coaching from hockey Wales Mini Olympic tournament - Various sports - football, netball, volleyball, tag rugby Play sports from other countries (e.g. Handball, Kingball, American Football)</p>